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## Assumption of Risk Policy

At The Wing Chun Collective (TWCC), we strive to provide a safe and inclusive environment for all participants, irrespective of their gender, age, or ethnic background. We believe that martial arts training can be a fulfilling and empowering experience, but it is important to acknowledge and understand the inherent risks associated with such physical activities. This Assumption of Risk Policy outlines the expectations and responsibilities of all participants at TWCC.

### Acknowledgment of Risks

All participants, or their legal guardians in the case of minors, must acknowledge and understand that martial arts training involves inherent risks, including but not limited to:

- Physical injuries, such as strains, sprains, fractures, or dislocations.
- Accidental contact, which may result in bruises, cuts, or abrasions.
- Risk of loss or damage to personal belongings.
- Potential exposure to communicable diseases or infections.

### Voluntary Participation

By enrolling in classes or participating in any activities at TWCC, participants voluntarily assume the risks associated with martial arts training and affirm that they are physically and mentally capable of engaging in such activities. Participants further confirm that they have disclosed any relevant medical conditions or concerns that may affect their ability to safely participate.

### Duty of Care

TWCC is committed to providing a safe environment for all participants. We have implemented safety protocols, training guidelines, and experienced instructors to minimize the risks associated with martial arts training. However, participants also have a responsibility to exercise caution, follow instructions, and use proper protective equipment when required.

### Code of Conduct

All participants are expected to adhere to the code of conduct established by TWCC. This includes treating fellow participants, instructors, and staff with respect and dignity, refraining from any form of harassment or discriminatory behaviour, and following the rules and guidelines set forth by the school.

### Insurance Coverage

TWCC maintains liability insurance coverage, which may provide limited financial protection in the event of injuries resulting from negligence on the part of the school. However, it is important to note that participants are responsible for their own medical expenses and are encouraged to have appropriate personal health insurance coverage in addition to the Student Personal Accident (PA) insurance supplied as part of standard membership.

### Legal Guardians' Responsibility

For participants under the age of 18, legal guardians are required to read, understand, and acknowledge this Assumption of Risk Policy on behalf of their minor children. Legal guardians are responsible for ensuring that their children comply with all safety guidelines and regulations set forth by TWCC.

By enrolling in classes or participating in any activities at TWCC, all participants, or their legal guardians, indicate that they have read, understood, and agreed to this **Assumption of Risk Policy**.

If you have any questions or concerns regarding this policy, please contact us at [TWCC@wingchun.uk.net](mailto:TWCC@wingchun.uk.net)

Signed:

Print:

Date: