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Club Rules

Respect and Inclusivity

- Treat all participants with respect, regardless of their gender, age, or ethnic background.
- Avoid discriminatory language or behaviour. Embrace and celebrate diversity within our club.
- Foster a welcoming environment where everyone feels safe and valued.

Safety and Well-being

- Prioritize the safety and well-being of all club members during training sessions and events.
- Follow the instructions of the instructors and adhere to the safety guidelines provided.
- Report any unsafe conditions, injuries, or concerns to the instructors or club management.

Punctuality and Attendance

- Arrive on time for training sessions and events to avoid disruption.
- Notify the club in advance if you cannot attend a session or event.
- Regular attendance and commitment to training are encouraged to foster progress and skill development.

Personal Hygiene and Attire

- Maintain good personal hygiene and come to training sessions with clean training attire.
- Keep nails trimmed short to prevent injuries during practice.
- Wear the club's uniform or appropriate attire as instructed by the club.

Discipline and Conduct

- Always follow the instructions and guidance of the instructors.
- Maintain self-discipline and control during training, competitions, and club activities.
- Any disruptive or disrespectful behaviour may result in disciplinary action.

Equipment and Facilities

- Treat the club's equipment, facilities, and training area with care and respect.
- Report any damage or malfunctioning equipment to the instructors or club management.
- Obtain permission before using any equipment or facilities outside of scheduled training sessions.

Non-Violence and Sportsmanship

- Martial arts techniques should only be used for self-defence or in controlled training environments.
- Show respect and sportsmanship towards training partners, instructors, and competitors.
- Avoid aggressive or unsportsmanlike behaviour, including verbal abuse or physical altercations.

Communication and Feedback

- Maintain open and respectful communication with instructors, fellow members, and club management.
- Provide constructive feedback to help improve the club and training experience.
- Address any concerns or issues through proper channels, such as speaking with an instructor or club management.

Confidentiality and Privacy

- Respect the privacy and confidentiality of fellow club members and instructors.
- Refrain from sharing personal information or images without consent.
- Uphold the club's privacy policy and guidelines.

Continuous Learning

- Demonstrate a commitment to continuous learning and improvement.
- Attend seminars, workshops, and other educational opportunities offered by the club.
- Embrace a growth mindset and support the progress of fellow club members.

By adhering to these club rules, we create a positive and inclusive martial arts community at ***The Wing Chun Collective*** where all participants can learn, grow, and enjoy their training experience.